



## Robert Louis Shepard Looks Back On Life Well Lived in New Book

Author encourages readers to discover, cultivate and use their gifts in 'Fulfilling My Destiny, Step by Step'

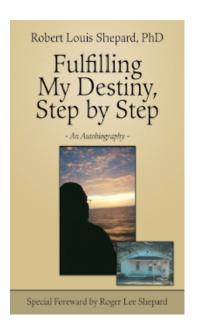
### Posted January 25, 2016

Author Robert Louis Shepard shares the details of his life to show readers that no matter where their journey began they can find their purpose and their passion to maintain hope and follow their dream in his new memoir, "Fulfilling My Destiny, Step by Step - An Autobiography -" (published by The Shepard Institute (TSI), LLC).

Beginning with his family history and town where he was born, Shepard moves to recount his experiences at schools and places of work in "Fulfilling My Destiny, Step by Step" revealing the core values instilled in him by his parents, which became his foundational pillars.

Shepard's lifetime of rich experiences is presented with historical context. He reflects on how these experiences interlaced with the history of African Americans to shape the man he has become. He writes with honesty and conviction and his story ultimately shows readers the possibilities of achieving their dreams with hard work, courage, and steadfast faith.

**"Fulfilling My Destiny, Step by Step – An Autobiography -"** By Robert Louis Shepard, Ph.D. Paperback | 6 x 9 in | 309 pages | ISBN 978-0-9978286-1-0 E-Book | ISBN 978-0-9978286-2-7



The books are available from the author's Book Store: • Paperback retail price: \$17 • E-Book: \$7.99

For more details, please visit the author's website at www.robertlouisshepard.com and scroll down to the Book Store.

#### **About the Author**

Robert Louis Shepard helps people identify their enthusiasm and motivates them to use their capabilities minus all potential limitations to add value to their personal lives, to the organizations they serve, and ultimately to the global community. Combining his experiences and his exposure, he became a passionate advocate for inclusion of historically black colleges and universities (HBCUs) in the federal government's multi-billion dollars a year research enterprise. He loves music and is working to reacquaint himself with his alto sax and attempting to also learn how to play an acoustic guitar. He lives in Maryland and North Carolina with his wife and "Fulfilling My Destiny, Step by Step" is his first book.

The Shepard Institute (TSI), LLC focuses on creating access and opening doors of opportunity for faculty and students at HBCUs to be included in the federal government's multi-billion dollars-a-year research enterprise. After founding and leading Science and Engineering Alliance, Inc. (known as SEA) for nearly a quarter of a century and the organization exceeding its mission, he closed SEA in 2013 and formed TSI that same year as the vehicle to continue his advocacy work. For the latest, follow Shepard on Facebook.

## \*\*FOR IMMEDIATE RELEASE\*\*

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